

## Balance Street Health Centre

### Minutes of the Patient Participation Group (PPG) Wednesday, 15 March 2017

**Present:** John Glandfield (Chair); Ruth Kerry (Vice-Chair), Peter Trewin (GP); Anita Thomas-Epple (Secretary); Ken Fountain; Jane Fountain; Gill McGowan; Richard Jones; Cynthia Firman; Claire Henman (Practice Assistant Manager); Lydia Fitzmaurice-James; Freya Anderson.

Prospective New Member: Jack Brown

**Minutes:** Anita Thomas-Epple

Item	Notes	Action
<b>1</b>	<p><b>Welcome New Members and Apologies</b> Chair welcomed the newest members Lydia and Freya and prospective member Jack Brown to the group. Confirmation received that Matthew and Jonathan will not be joining PPG.</p> <p><b>Apologies</b> Apologies: Carol Pickering (Treasurer), Howard Nash; Jane Wright; Sue Dallison, Lynn Furber (Council Representative); James Russell; Neil Phillips. DNA: Arthur Hackwood; David Atherton (GP)</p>	
<b>2</b>	<b>Matters Arising from Previous Meeting</b>	
<b>2.1</b>	7a) Chair to write to the local MP and CCG to ensure that the motorcycle remains within local community.	<b>John</b>
<b>2.2</b>	8) Secretary clarified the date for the May meeting was incorrect in minutes. However, new date arranged for visit to the Midlands Air Ambulance Base.	
<b>3</b>	<p><b>Air Ambulance Base Visit</b> As at the meeting still re response from messages left by secretary.</p> <p>Update 16 March 2017. Confirmation from Midlands Air Ambulance that they are happy for Balance Street PPG to visit on <b>Tuesday, 16<sup>th</sup> May</b>. Visit to commence at <b>4pm for 1 hour</b> or so. Places limited to 10 only to comply with base insurance. Secretary to liaise with Base and PPG members by email. Gill, Anita and Ruth offered to drive</p> <p>As numbers are limited we cannot invite members of other PPGs as was hoped.</p>	<b>Anita ALL</b>
<b>4</b>	<p><b>Changes in Health Care within Staffordshire – Sustainability and Transformation Plan</b></p> <p>Ruth, Vice Chair mentioned there were no dates publicised for the roadshows despite contacting Health Watch who could not help. Further to this Howard Nash (apologies sent) contacted secretary to inform PPG that he would</p>	<b>Howard</b>

	<p>forward details received regarding the ambassadors training and roadshows.</p> <p>More Information for all here:</p> <p><a href="http://healthwatchstaffordshire.co.uk/stp/">http://healthwatchstaffordshire.co.uk/stp/</a></p> <p><a href="http://www.twbstaffsandstoke.org.uk/index.php/document-library/5-161215-transforming-health-and-care-for-staffordshire-stoke-on-trent-stp/file">http://www.twbstaffsandstoke.org.uk/index.php/document-library/5-161215-transforming-health-and-care-for-staffordshire-stoke-on-trent-stp/file</a></p> <p>PPG will raise the ESPEG on behalf of patients the waste of public funds on Virgin Care Services for follow up care, specifically coronary that appear to be haphazard – the providers need to be held to account.</p>	<b>ALL</b>
<b>5</b>	<p><b>East Staffs Patient Engagement Group ESPEG</b></p> <p>John and Cynthia to attend meeting 16 March 2017 at Balance Street Surgery. Will raise the above point with ESPEG. Feedback to group at July meeting.</p>	<b>John Cynthia</b>
<b>6</b>	<p><b>Health Awareness Board</b></p> <p>Claire offered to create a laminated notice to be used for the table. Gill to liaise with Claire for the final wording of the notice.</p> <p>Gill has undertaken extensive research to find charities that provide free materials for our monthly Health Awareness Notice Board. To minimise wastage 10 leaflets per organisation have been requested and sent.</p> <p>The organisations that will be featured on the board each month are as follows:</p> <p><b>April</b> Parkinsons Disease Awareness Oral Cancer Awareness Bowel Cancer Awareness</p> <p><b>May</b> Arthritis Epilepsy Meningitis</p> <p><b>June</b> Diabetes Sun Safety Breastfeeding (Midwives to source materials please)</p> <p><b>July</b> Change for Life – healthy eating/exercise</p> <p>Thanks of appreciation were extended to Gill for all her work with this project.</p> <p>Richard mentioned that the next meeting of 50Plus at the Leisure Centre had many of these and more organisations present.</p> <p>Uttoxeter Lions are promoting their free Prostate checks again – 18<sup>th</sup> April 2017, Uttoxeter Racecourse. 6-8.30pm</p>	<b>Claire Gill</b>

	<p>Ruth/Claire discussed the recent news coverage that people in their 20s, 30s and 40s are in need of education with regards to STIs and sexual health. Ruth remarked this was borne out by her own experience as an educator. Group felt that to meet the national predicament we ought to promote the details of the 4 Sexual Health Clinics in our area. Opinions were sought from the younger representatives of the group regarding accessing information on services. There was a mixed response in whether accessing leaflets in the surgery would be useful.</p> <p>PPG member in 6<sup>th</sup> form education went on to share that the only sexual health information they had received was during the 2-day Health Awareness Programme facilitated by our Balance Street PPG when they were in year 9.</p> <p>Consensus was that the TV in the waiting room would be the place to highlight details for those attending the surgery and the website would also promote the details of clinics. Claire agreed that the Surgery Website would also reflect the Health Awareness Topics.</p>	Claire GPs
7	<p><b>Minutes on Website</b> A practise patient anonymously contacted PPG to state that current minutes were not available. Secretary extended thanks to Claire for rectifying this and January and March minutes will be added to the website shortly.</p> <p>As there has been recent change to PPG members this information will be updated on the website and on the practice noticeboard.</p>	Claire  Claire
8	<b>AOB</b>	
a)	<p><b>Bank Account</b> Chair John sought consensus from group to contact the HSBC in Burton in writing and then in person to obtain the £79 in the account to give to the practice to fund the leaflet holders for the Health Awareness Board project.</p>	John
b)	<p><b>Meningitis Research – Awareness Week</b> Gill discussed that her son Guy, also a patient, will be running the London Marathon on behalf of the charity. He will also be holding a ‘Duck Run’ in his garden in May to coincide with the Awareness Week. Should any member of the PPG or practice wish to sponsor a Duck then to contact Gill McGowan at <a href="mailto:lazydaycakes@hotmail.co.uk">lazydaycakes@hotmail.co.uk</a> to pledge a donation with a view to giving Gill the money at the next PPG meeting.</p> <p>Visitors to confirm with Secretary whether they wish to join the PPG</p>	ALL
c)	<p><b>Locating Defibrillators in Uttoxeter and Surrounding</b> The question was raised whether patients, GPs or PPG members knew where the Defibrillators are situated in Uttoxeter and surrounding villages.</p> <p>Discussion ensued as to whether there is a central register and it was not. Also not all members knew what the defibrillator looks like. Stock image here: <i>(courtesy of NHS):</i></p>	

	<p>PPG members and patients to mail secretary with the locations (picture if wish!) of defibrillators. Secretary offered a chocolate prize for the first notification and a crème egg for subsequent spots around the town. It was felt that whilst this is a bit of fun it is important for our community to know exactly where these vital pieces of life-saving equipment are located.</p> <p><b>balancestreetppg@yahoo.co.uk</b></p>	
<b>8</b>	<p><b>Date and Time of Next Meetings</b></p> <p><b>Tuesday, 16 May 2017 at 4pm prompt (meet at Surgery 3.30pm)</b> Midlands Air Ambulance Base, Tatenhill Airfield</p> <p><b>Monday, 17 July at 6pm</b> Balance Street Board Room, Floor 3</p>	<p><b>10 members</b></p> <p><b>ALL</b></p>